

At Your Service

Happy Spring!!

May 2007

Dates to Celebrate

- 1st - Stepmother's Day
- 4th - International Tuba Day
- 5th - National Hoagie Day
- 8th - No Socks Day
- 11th - Eat What You Want Day
- 15th - Straw Hat Day
- 18th - Rooster Day
- 23rd - World Turtle Day
- 25th - Nat'l Tap Dance Day
- 28th - Nat'l Hamburger Day
- 31st - Nat'l Macaroon Day

Senior Center News

May 2007

Senior Center Hours

Monday—Friday

9:00 am—1:00 pm



Blood Pressure Screenings

FREE Blood Pressure Screenings will continue at the Dining Center on the 2nd Wednesday of each month.

The next screening will be Wednesday, May 9th 10:00- 11:00 am.

Did You Know...

The Glen Ellyn Public Library is celebrating its 100th Birthday this year?

Celebrate the Library's Centennial with many exciting programs and activities! Call or stop in and ask about all the events planned for the year.

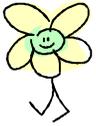
400 Duane St.
Glen Ellyn
(630) 469-0879

BINGO !

Bingo will be held on the 2nd Wednesday of each month from 10:30 - 11:30 a.m.

Join us on Wednesday, May 9th, 2007 for our next Bingo session !

PLEASE RSVP for Bingo and lunch (\$3.00 donation) by Wednesday, May 2nd (to ensure we have enough space AND lunches ordered for everyone!)



What's Happening at the Glen Ellyn Senior Center



Book Club

Our Book Club is reading "The Hummingbird's Daughter". We will meet on *Tuesday, May 15th at 10:15 a.m.* Please call and let us know if you are planning to join us.

Bridge Club

Our Bridge Club meets the 4th Tuesday of each month. The next date is May 22nd. Please call if you would like to play.

Call Sue Davison on Mondays or Tuesdays (630) 858-6343



New Program!!

Glen Ellyn Senior Citizen's Police Academy



The Glen Ellyn Police Department is now taking applications for its "Senior Citizen's Police Academy." The program is designed to provide an opportunity for senior community members to meet with Glen Ellyn Police Officers one morning per week for six weeks. The first class is scheduled to begin early Summer 2007.

Officers will provide instruction and feedback on various law enforcement and senior citizen topics including:

- ó Organization and Functions of the Police Department and Village
- ó Personal Protection for Your Home, Property and Person
- ó Identity Theft and Crimes Targeted Towards the Elderly
- ó Criminal Law and Crime Scene Investigation
- ó Other Senior Specific Topics

The program is open to senior residents (Over age 60) of the Village of Glen Ellyn.

Applications are available at the Police Department or can be downloaded on the Village's website at www.glenellyn.org. Anyone having questions regarding the program should contact Officer Tom Staples at (630) 469-1187.

Have A Little Fun ...

Pencil Pastime

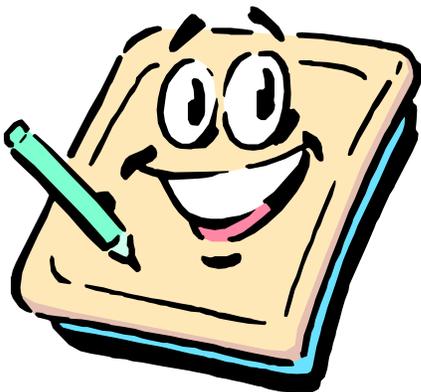
Grab some paper and a pencil and see if you can come up with at least 7 words which contain the letter sequence

F T Y

Here's just one.

CRAFTY

A score of 4 is very good; 6 is exceptional and 7+ is really outstanding!



Answers on the last page.

Take a Giggle Break...

Yogi Berra Witticisms...

- u "It's déjà vu all over again!"
- u "I really didn't say everything I said."
- u "Why spend a lot for luggage? You only use it for traveling."
- u Woman: "My Mr. Berra, you look mighty cool tonight." Berra: "Thanks, ma'am. You don't look so hot yourself."
- u "Little League baseball is a good thing 'cause it keeps the parents of the streets and the kids out of the house."
 - u "90% of the game is half mental."
- u "You've got to be careful if you don't know where you're going 'cause you might not get there."
 - u "A nickel ain't worth a dime anymore."

LAUGH - A - LITTLE



About May

The **EMERALD** is the birthstone for the month of May and is also the anniversary gemstone for 20 and 35 years of marriage.

Happy Birthday, COCA-COLA! On May 8, 1886, Atlanta pharmacist Dr. John Pemberton, combined caramel-colored syrup with coca leaf extract and carbonated water to make a fizzy drink his partner dubbed Coca-Cola.

“Beyond Atlanta it never grew in popular flavor.” said a soda jerk in 1889. Now Coke is distributed in some 200 nations.

Make your neighborhood an even nicer place to live by joining the **GREAT AMERICAN CLEAN-UP**. To find out about activities, visit kab.org and help keep American beautiful.

GEMINIS those born between May 21 and June 20 are said to be youthful and versatile, but on the dark side they can be superficial and nervous.

Memorial Day And More!



Memorial Day weekend is the unofficial beginning of summer - time to plan picnics and trips. And while you're doing that, ponder these fun facts about the holiday and weekend.

- ê The original name for Memorial Day was Decoration Day, from the custom of adorning the graves of the fallen.
- ê Each year, Americans eat 7 billion hot dogs between Memorial Day and the Labor Day holiday.
- ê The first picnics - from a Latin word that connotes “picking” - were indoor potluck meals enjoyed 250 years ago. They moved outdoors sometime in the 1850s.
- ê One of the longest standing traditions is the running of the Indianapolis 500, which has been held in conjunction with Memorial Day since 1911.
- ê Although Memorial Day is traditionally on May 30th, the holiday was changed to the last Monday in May in 1971, to make a three-day weekend.

May is National Arthritis Month

May is set aside to increase awareness of the more than 100 forms of arthritis and related diseases. The following is just a little bit about the disease, but if you would like more information, the Arthritis Foundation publishes more than 70 brochures - all **FREE** - available at your local chapter or online at arthritis.org.

WHAT IT IS: A disease in which the body's immune system attacks healthy joints, resulting in inflammation.

SYMPTOMS: Swelling and stiffness in the joints; Fatigue; Occasional fever

CAUSE: The exact cause is unknown, but likely it is due to: Genetics or Hormonal Changes.

-Arthritis Today

Watch Out for Vishers



“Vishing” is the use of fraudulent telephone calls, using pirated recordings of telephone services from known financial institutions.

The object is to trick you into believing that your bank is calling to confirm personal information such as account numbers. Your answers are recorded and the information is then used for identity theft.

If you get a telephone call from someone who says they are with your bank and/or credit company and they ask you to provide or confirm any personal information:

- Ø Do NOT answer any question.
- Ø Hang up immediately.
- Ø Call your bank or credit company directly and tell them what happened.

Moth*er*hood (n.)



1. The kinship relationship between a mother and her offspring.

2. State of being a mother.

First Mother's Day

The first Mother's Day was celebrated in Grafton, WV on May 10, 1908, after Anna Jarvis crusaded for such a special day. And, it was declared an official holiday by President Woodrow Wilson in 1914.

A Thought on Motherhood

Motherhood is tough. If you just want a wonderful little creature to love, you can get a puppy. *-Barbara Walters*

Moms Make It!

Disposable diapers - Marion Donovan - 1950

Liquid Paper - Bette Nesmith Graham - 1958

Drip Coffeemaker - Melitta Bentz - 1908

We'd like to wish all Moms a very Happy Mother's Day!!

Once In A Blue Moon



The origin of the *blue moon* is steeped in folklore, and its meaning has changed and acquired new and interesting meanings over time.

Z The earliest known recorded usage was in 1528, a saying found in a pamphlet said, "If they say the moon is blue, we must believe it is true."

Z The most obvious meaning of *blue moon* is when the moon (not necessarily a full moon) appears to the casual observer as being bluish. This happened in Canada in 1951 due to smoke from forest fires.

Z On average a calendar *blue moon* happens only once every 2.72 years, thus the saying once in a blue moon to describe a rare event is still meaningful.

Z *Blue moons* don't always occur simultaneously everywhere because clocks and calendars are different. On May 31 the *blue moon* occurs in the Eastern Daylight Time zone, but on June 30, in Universal Time.

Answers to the Quizzes

Memorial Day May 28th

With our nation at war, Memorial Day seems to carry more meaning this year. A meaning that goes far beyond our usual associations with the day as the official beginning of summer. More than ever, we want to honor those who have given their lives for the United States and its principles. On May 28, we pay tribute and remember those who have fallen for our freedom.

*We hope you have a safe
Memorial Day.*



GLEN ELLYN SENIOR CENTER

493 Forest Avenue
Glen Ellyn, IL 60137

Phone: 858-6343 Jodi & Sue
858-6325 Senior Meals - Cathy
Email: geseniors@ameritech.net

Recipe for May

Rhubarb Cake



- 1/2 cup shortening
- 1 cup brown sugar, packed
- 1 cup sugar, divided
- 1 egg
- 1 tsp. Vanilla
- 2 cups flour
- 1 tsp. Baking soda
- 1/2 tsp. salt
- 1 cup buttermilk
- 2 cups fresh or frozen rhubarb, diced
- 1 tsp. cinnamon

*If using frozen rhubarb, measure rhubarb while still frozen, then thaw completely. Drain in a colander, but do not press liquid out.

- 1) In a large mixing bowl, cream the shortening, brown sugar, and 1/2 cup sugar until light and fluffy. Add the egg and vanilla and beat for 2 minutes.
- 2) Combine the flour, baking soda, and salt. Add to the creamed mixture alternately with buttermilk, beating after each addition, then add the rhubarb.
- 3) Pour into greased 9"x13" baking dish. Combine remaining sugar and cinnamon and sprinkle over batter.
- 4) Bake at 350° for 40-45 minutes or until tests done. YIELD: 24 servings.

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493 Forest Avenue
Glen Ellyn, IL 60137

